

## CANTERBURY CITY COUNCIL

### CANTERBURY AND COASTAL HEALTH AND WELLBEING BOARD

Minutes of a meeting held on Wednesday, 11th January, 2017  
at 6.00 pm in the The Boardroom, Council Offices

**Present** Dr Sarah Phillips (Chairman)

Sam Bennett  
Neil Fisher  
Velia Coffey  
Councillor S Chandler  
Amber Christou  
Mr Gibbens  
Councillor Howes  
Mark Lemon  
Councillor Cllr Pugh  
Jonathan Sexton  
Sari Sirkia-Weaver

1 **APOLOGIES FOR ABSENCE**

Simon Perks  
Wendy Jeffreys  
Steve Inett

2 **MINUTES OF THE LAST MEETING AND ACTIONS**

The minutes were approved as an accurate record.

**Matters Arising**

Neil Fisher advised that the Annual Plan was submitted on 23 December 2016 and no feedback has been received so far from NHS England. The summary will be circulated.

Velia Coffey reported that she and Marie Royle met with Encompass (previously Vanguard) to discuss how community services can input into the new

Disabled Facilities Grant - Amber Cristou advised that Swale have spent their grants and would not be prepared to fund Kent County Council (KCC) Occupational Therapists (OTs).

It was noted that the assessment backlog in Canterbury district has now been resolved and now looking to work with Encompass to work smarter.

**Action: Amber Cristou to liaise with Marie Royle.**

**Sustainability and Transformation Plan**

Sarah Phillips advised that there is now a Kent and Medway Sustainability and Transformation plan (STP).

Sarah Phillips gave a presentation giving an update on the STP and advised that a further Case for Change document will be released covering the whole of Kent & Medway.

The following was highlighted:

- Hospital beds are being used by people unnecessarily as there is not the support available in their own home.

**Action: Sarah Phillips to circulate the hospital bed audit to Board members.**

Discussions have been ongoing for years around 'bed blocking' and facilitating people moving out of hospital in a timely way. Neil Fisher advised that delayed transfers are at their lowest level for a number of years and now the key is to prevent people being admitted in the first place and organisations need to work more closely to make this happen. The Health and Wellbeing Board and subgroups have helped facilitate organisations working together and it is felt that progress is being made.

- It is hoped that there will be a formal consultation in East Kent in Summer 2017.
- Engagement with the public is ongoing ahead of the formal consultation.

### 3 HEALTH INEQUALITIES DISCUSSION AND WORKSHOP

Sam Bennett gave a presentation with a focus on Canterbury data.

The following was highlighted:

- Smoking and drinking alcohol are higher in more deprived areas and have a big impact on mortality in deprived areas.
- In Canterbury the more deprived clusters are mainly people in social housing although it was noted that young people in private rented housing and also some rural areas also show some deprivation but do not reach a critical mass so risk being overlooked. It is easier to focus resources in obvious clusters such as social housing as this gives a focus.
- Canterbury has a high rate of alcohol admissions and work is being done to ascertain whether this is mainly students or residents in more deprived areas.
- Within education physical education is not a high enough priority as children from deprived areas are often behind academically and lose physical education time to more academic timetabling.
- Forces that put people into deprivation are very strong therefore targeting small groups of deprived people is not addresses the underlying causes. It was noted that the health inequalities do influence ongoing deprivation eg the ability to work, so small changes now may have future effects.
- Universal services and an offer to the whole population is of benefit to the whole population but those who are deprived tend to benefit more. Eg health trainers.
- Communities are not always cohesive therefore finding a community hub or centre can be difficult. Aylesham has had a lot of money invested into it and is has a good community but it is still showing as an area of deprivation, perhaps as opportunities are poor. It was noted that this could still be described as an area of deprivation even if the health of the residents had improved.
- Sam Bennett and Sari Sirkia Weaver are doing some work looking at inequalities in early years where the biggest changes can be made to achieve long term outcomes. The gap in attainment between children from more and less deprived areas is very high in Canterbury and is growing.
- Childrens' centres and other programmes such as Sure Start do lots of good work but resources are reducing so there is less focus on deprivation. The childrens' centre in Northgate is classed as outstanding therefore it could be used, with additional resources, to target some levels of deprivation. It was noted that outreach has been cut back and this has affected contacts with harder to reach families.

- It was agreed to support assets already in the community, such as childrens' centres and schools.

***Action: The Board was asked to each think how they can support the childrens' centres in their areas, and what additional support would be needed to take things further.***

**4 FOCUS OF THE BOARD IN 2017**

The Board discussed holding some of the meetings closed to the public with a more working group/workshop style meeting and hold a meeting in public perhaps twice a year to give meaningful public facing updates and sharing information that will be important to local people. This will encourage members of the public to attend.

It was agreed that openness is to be welcomed and the public meetings should be better publicised and more relevant to local people

It was agreed to alternate development and public facing meetings. that march meeting in MA room at 16.00.

***Action: Neil Fisher to ensure that the public meetings are well publicised through the CCG.***

**5 CQC REPORT FOR EAST KENT HOSPITALS UNIVERSITY NHS FOUNDATION TRUST - FOR INFORMATION**

Noted.

**6 ANY OTHER BUSINESS**

Sarah Phillips advised that she will be chairing the next meeting in March but is taking up post as Medical Director for Kent Community Health NHS Foundation Trust from April 2017. The Board congratulated her on her appointment and thanked her for the work she had done with the HWB.

**7 DATE OF NEXT MEETING**

8 March 2017.