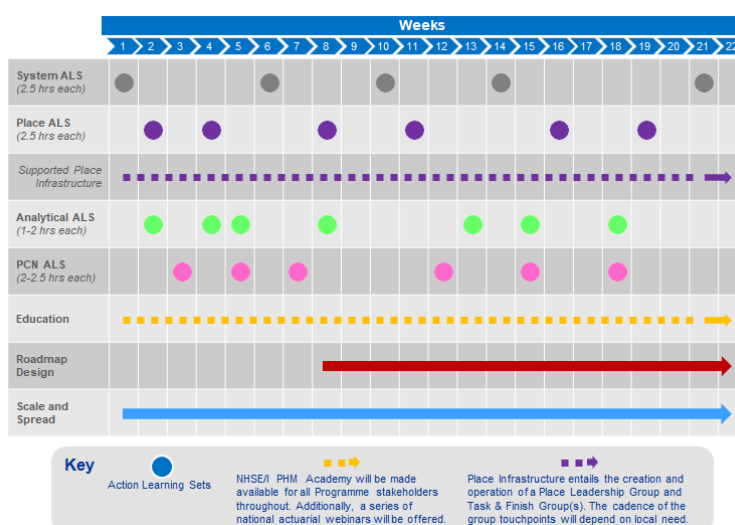


Appendix 1 – PHM 22 week programme structure & priority cohorts

Appendix 1 – PHM 22 week programme structure & priority cohorts

Kent and Medway is participating in the Wave 3 population health management development programme run by NHS England and NHS Improvement. There are two Integrated Care Partnerships (ICPs), and five Primary Care Networks (PCNs) each with a buddy PCN participating in the programme.

There are 4 levels of Action Learning Sets (ALS) delivered as part of the 22 week programme; System, ICP (including finance & contracting) – labeled as Place below, PCN and analytics. The cadence of each of these action learning sets is shown in the diagram below.



A PHM roadmap for Kent and Medway will be developed throughout the 22 weeks and is a key deliverable at the end of the programme. This enables systems to think about their own approach to spread the learning and build on PHM capabilities within and across partner organisations.

The programme is currently in week 7 (as at 06/09/21); ICPs and PCNs teams participating in the programme have all completed two action learning sets and have identified priority cohorts using their data and will start to focus on designing opportunities for intervention. The priority cohort for each ICP and PCN is detailed below along with the cohort size.

| ICP / PCN | Cohort details | Cohort size |
|-------------------------------------|---|-------------|
| Medway & Swale ICP | Children between the age of 5-19 years, who have obesity with either asthma or diabetes from the 2 highest deprivation deciles | 1,250 |
| East Kent ICP | Diabetics in the chronic segment* with depression, live in highly deprived areas, and have an additional 3 or more co-morbidities | 727 |
| ABC PCN (West Kent) | Aged 10-59 years, obese with depression and live in highly deprived areas | 107 |
| Dover Town PCN (East Kent) | Aged 40-69 years, who are obese, hypertensive with depression; with mid-level complexity across all deprivation scales | 131 |
| Garden City PCN (DGS) | Aged 40-60 years, obese with anxiety and smokers across all deprivation levels | 137 |
| Medway Central PCN (Medway & Swale) | Aged 20-39 years, obese and hypertensive across all deprivation levels. Targeting those at risk of diabetes. | 166 |
| Ramsgate PCN (East Kent) | All age-groups, with diabetes and housebound; all levels of complexity and deprivation | 118 |

*Chronic – those with at least 1 chronic condition but are not included the complex or end-of-life segments |