

**From:** Dan Watkins, Cabinet Member for Adult Social Care and Public Health

Anjan Ghosh, Director of Public Health

**To:** Health Reform and Public Health Cabinet Committee – 5 September 2023

**Subject:** **Performance of Public Health Commissioned Services (Quarter 1 2023/2024)**

**Classification:** Unrestricted

**Previous Pathway:** None

**Future Pathway:** None

**Electoral Division:** All

**Summary:** This report provides an overview of the Key Performance Indicators for Public Health commissioned services. In the latest available quarter, April to June 2023, of 15 Key Performance Indicators nine were RAG rated Green and one Amber. Five Key Performance Indicators were not available at the time of writing this report. These are detailed below:

Number of people successfully completing drug and/or alcohol treatment of all those in service.

Number of people quitting at four-weeks, having set a quit date with Smoking Cessation Services.

Number of Live Well Kent clients who would recommend the service to family, friends, or someone in a similar situation.

Participation rate of Year R (4–5 year olds) pupils in the National Child Measurement Programme.

Participation rate of Year 6 (10–11 year olds) pupils in the National Child Measurement Programme.

**Recommendation:** The Health Reform and Public Health Cabinet Committee is asked to **NOTE** the performance of Public Health commissioned services in Q1 2023/2024.

## 1. Introduction

1.1 A core function of the Cabinet Committee is to review the performance of services which fall within its remit.

1.2 This report provides an overview of the Key Performance Indicators (KPIs) for the Public Health services that are commissioned by Kent County Council (KCC) and includes the KPIs presented to Cabinet via the KCC Quarterly Performance

Report (QPR). Appendix 1 contains the full table of KPIs and performance over the previous five quarters.

## **2. Overview of Performance**

2.1 Of the 15 targeted KPIs for Public Health commissioned services, nine achieved target (Green) and one was below target although did achieve the floor standard (Amber). Five KPIs were not available at the time of writing this report. These are as follows:

- i. Number of people successfully completing drug and/or alcohol treatment of all those in service.
- ii. Number of people quitting at four-weeks, having set a quit date with Smoking Cessation Services.
- iii. Number of Live Well Kent clients who would recommend the service to family, friends, or someone in a similar situation.
- iv. Participation rate of Year R (4–5 year olds) pupils in the National Child Measurement Programme.
- v. Participation rate of Year 6 (10–11 year olds) pupils in the National Child Measurement Programme.

## **3. Health Visiting**

3.1 In Q1 2023/2024, the Health Visiting Service delivered 16,780 mandated universal health and wellbeing reviews, slightly higher than the previous quarter (16,752). The service delivered 68,713 mandated universal contacts (twelve-month rolling) and remains on track to meet the increased annual target of 68,000 (by the end of the year). Four of the five mandated contacts met or exceeded the targets with the proportion of new birth visits delivered within 10–14 days at 94%, slightly below the 95% target. From 2022/2023, this KPI changed from delivery of the visit within 30 days of birth. Overall, 99% of new birth visits were delivered within 30 days and families with additional needs are always prioritised. At the end of Q1 2023/2023 (June 2023), there were 4,849 children on the health visiting specialist caseload. The specialist caseload includes children and families who require intensive support for complex or multiple needs, and families where there are safeguarding concerns. There are also 3,968 children on the targeted caseload. The targeted caseload includes children and families who require extra help to improve education, parenting, behaviour or to meet specific health needs.

## **4. Adult Health Improvement**

4.1 In Q1 2023/2024, the number of eligible people receiving an NHS Health Check (twelve month rolling) exceeded the target for the second consecutive quarter at 26,565, of which 7,396 were delivered in the current quarter. This represents an increase of 22% compared to the same quarter in 2022/2023 (5,945) and demonstrates improved participation in the NHS Health Checks programme from third party providers. Twenty percent (18,607) of the yearly eligible population were invited to an NHS Health Check during the current quarter. Commissioners are working with Kent Community Health Foundation Trust (KCHFT) to trial the

use of SMS text message invitations to understand whether this improves uptake and increases programme efficiency.

- 4.2 The Smoking Cessation Services data for Q1 2023/2024 was not yet released at the time of writing this report.
- 4.3 The One You Kent (OYK) Lifestyle Service performed above the target for the percentage of individuals across OYK Services being from the most deprived areas in Kent, achieving 62% in Q1 2023/2024. The OYK Lifestyle Service continues to receive a high number of referrals from GPs for weight management services. These referrals are not necessarily for clients residing in areas of deprivation, particularly in districts with lower levels of deprivation. However, service providers continue to hold engagement activities within areas of deprivation, including stalls at community events and offering health MOTs in local settings (e.g., village halls), to ensure engagement with this cohort. One provider has recently changed data management systems and was unable to report their data at the time of writing this report. Conversations are ongoing to clarify when this may be available.

## **5. Sexual Health**

- 5.1 In Q1 2023/2024, the Sexual Health Service performed above the target for the percentage of first-time patients being offered a full sexual health screening, achieving 98%. There were 15,191 attendances at KCC commissioned sexual health clinics during the current quarter, an increase of 10% (+1,413) compared to Q1 2022/2023. Access to the online Sexually Transmitted Infections (STI) Testing Service continues to be high, with 10,852 testing kits ordered throughout the quarter. Works are nearing completion at the new sexual health clinic in Margate (Thanet), which will increase service capacity to meet current and future need. This facility is projected to open in Q2 2023/2024. The service has also continued successful, proactive outreach work, with collaboration taking place between providers.

## **6. Drug and Alcohol Services**

- 6.1 The Community Drug and Alcohol Services data for Q1 2023/2024 was not yet released at the time of writing this report. There is a whole system of work to increase numbers into treatment. This includes rebranding, increasing outreach support and improving pathways of care with NHS agencies and service user/lived experience engagement. There is a whole system stakeholder meeting planned for September 2023 and a package of training being delivered to front line providers.
- 6.2 The Young People's Drug and Alcohol Service received 105 referrals in Q1 2023/2024. A comprehensive referral generation plan is in place, including the Young People's Drug and Alcohol Service seeing all 18–24 year olds that do not require a detox. The substance misuse page on the Kent County Council website is currently undergoing a transformation to increase referrals to the service. The amount of young people exiting treatment in a planned way exceeded the target this quarter, achieving 88% during Q1 2023/2024. This represents 37 planned

exits and 5 unplanned exits. Of those young people who exited treatment in a planned way, 27% reported abstinence. In the last quarter the service has seen a stabilisation in its workforce, with all vacancies now successfully recruited to.

## 7. Mental Health and Wellbeing Service

7.1 In Q1 2023/2024, the new contract for Live Well Kent and Medway started, with some movement between providers of locations covered. The new service is now fully mobilised and has provided a smooth transition of support for clients accessing the service across Kent and Medway. The transfer of clients necessitated a data reset for the exit survey completions. Therefore, the data is not available for the current quarter.

## 8. Conclusion

- 8.1. Nine of the fifteen KPIs remain above target and were RAG rated Green.
- 8.2. Commissioners continue to explore other forms of delivery, to ensure current provision is fit for purpose and able to account for increasing demand levels and changing patterns of need. This will include ongoing market review and needs analysis.

## 9. Recommendations

9.1 Recommendation: The Health Reform and Public Health Cabinet Committee is asked to **NOTE** the performance of Public Health commissioned services in Q1 2023/2024.

## 10. Background Documents

None

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