

PREVENTATIVE

Public Health Initiatives Encouraging use of 'Healthy Walks' scheme as an effective intervention for depression.

Mental health telephone helpline

Mental health telephone helpline - jointly commissioned from the voluntary sector organisation Mental Health Matters.

Well-being Campaigns

Working with the 'Mindful Employer' initiative to reduce stigma around mental illness.



Voluntary Sector support

PRIMARY

Early Intervention in psychosis Multi-disciplinary community teams. Provide care and treatment to people between 14 and 35 years of age who are either at risk of, or are currently experiencing, a first episode of psychosis. The longer an episode of psychosis goes untreated, the poorer the outlook for someone. Actively seek referrals from schools etc.

GP GPs deliver a range of services to their patients (not Adult Mental Health commissioned).



Psychological therapies and employment support (IAPT) Psychological therapies and employment support

SECONDARY

Crisis and home treatment Provides intensive support, including medication, for people in mental health crises in their own home. Prevents hospital admissions and facilitates early discharge. Stays involved on a short term basis until the problem is resolved.

Liaison Psychiatry Provides psychiatric treatment to patients attending general hospitals, in particular accident and emergency departments and in-patient wards. Professionals deal with the interface between physical and psychological health providing effective treatment with psychological or pharmacological methods.

Access Provide assessment, treatment and support to people with a wide range of more complex mental health problems. Split into:
Access - assessment and shorter term interventions (up to 6 months).

Psychological Services

Recovery Services Provide assessment, treatment and support to people with a wide range of more complex mental health problems. Split into:
Recovery - longer term care and support to people with more severe and enduring problems.

Inpatient Rehabilitation

For people with complex behaviours or co-morbidities. Helps to develop daily living skills, roles and routines. Supports move-on to less supported environment



Acute Inpatient Care Phased reduction in beds since 2004 alongside developments and increased investment in community-based

Psychiatric Intensive Care Provide intensive support for severely mentally ill people who are 'difficult to engage' in more traditional services. Many will have a forensic history and a dual diagnosis. Care and support is offered in their homes or some other community setting. The aim of the service is to maintain contact and increase engagement and compliance

Assertive Outreach

Phased reduction in beds since 2004 alongside developments and increased investment in community-based services.

TERTIARY

Specialised Services Specialist services such as Eating Disorders, Mother and Infant Mental Health.

Longer-term accommodation with support

Secure Services

