



“Guess what?

**You can still live well  
with dementia”**

*Developing Kent into a ‘Dementia Friendly Community’*

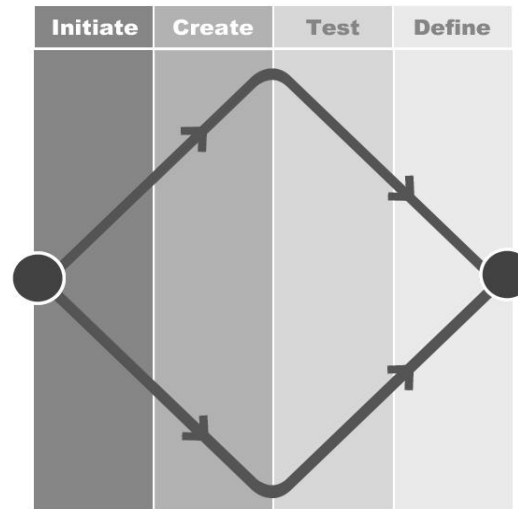


# Prime Minister's Challenge – Dementia Friendly Communities

KENT

Dementia Select Committee (2011)  
Health and Wellbeing Board  
Dementia Collaborative > Dementia Action Alliance

**Continuous dialogue  
to ensure all improvement is  
grounded in the needs and  
aspirations of people living  
with dementia in Kent**



**Building on existing  
good practice**

**Training and awareness**

**New ways of working**

LOCAL

Clinical Commissioning Groups / Health & Well-Being Boards / Forums  
Shadow Boards and Participation groups

DFC

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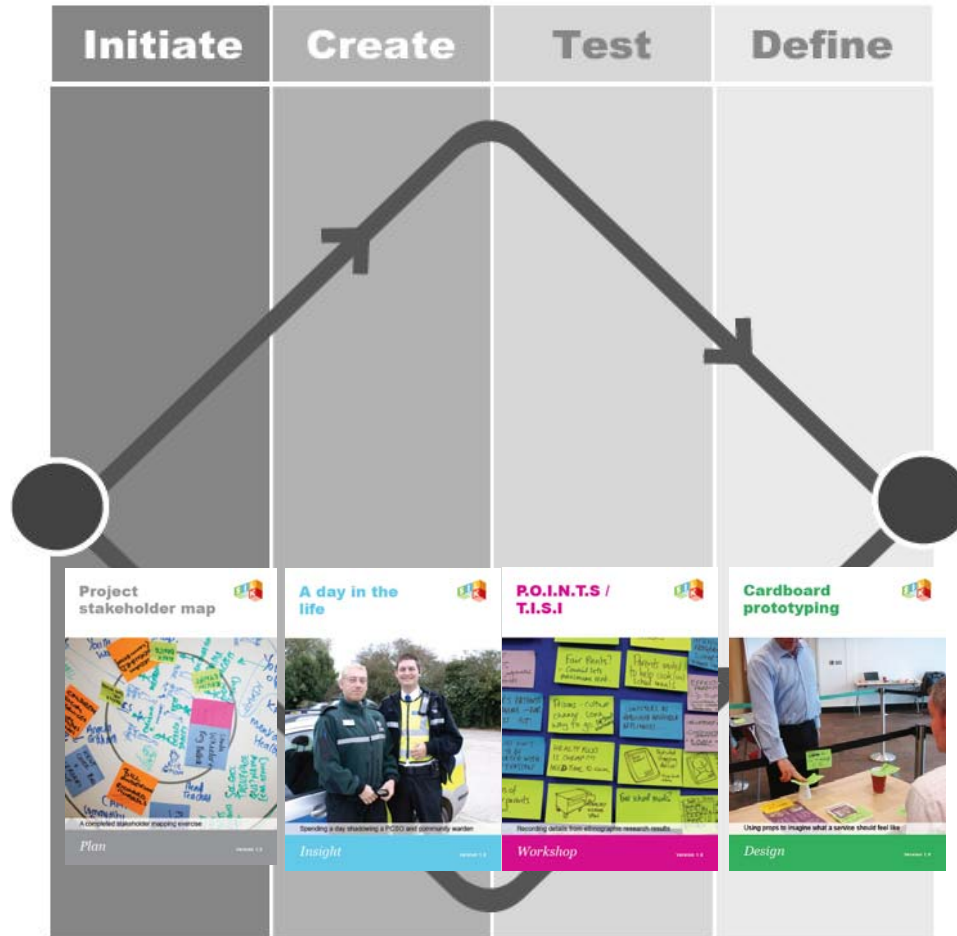
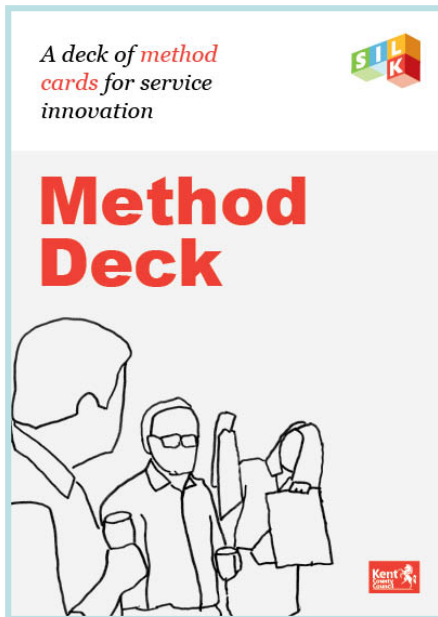
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**Refreshed web platform**

# SILK co-production



Working towards a Dementia Friendly Kent





# Dialogue



# Insight



There is a huge stigma surrounding dementia. A diagnosis is like falling off a cliff. Services and support can be great, but only once you have found them.

After a diagnosis, people living with dementia still want to have a life, go out, enjoy existing hobbies and find new interests too.

People want to be seen as people, not just as a diagnosis.



# Needs



Companionship

Appropriate services, support and activities

Good, sound, advice

Better awareness, understanding and training

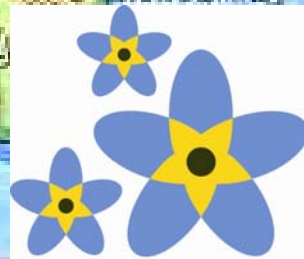
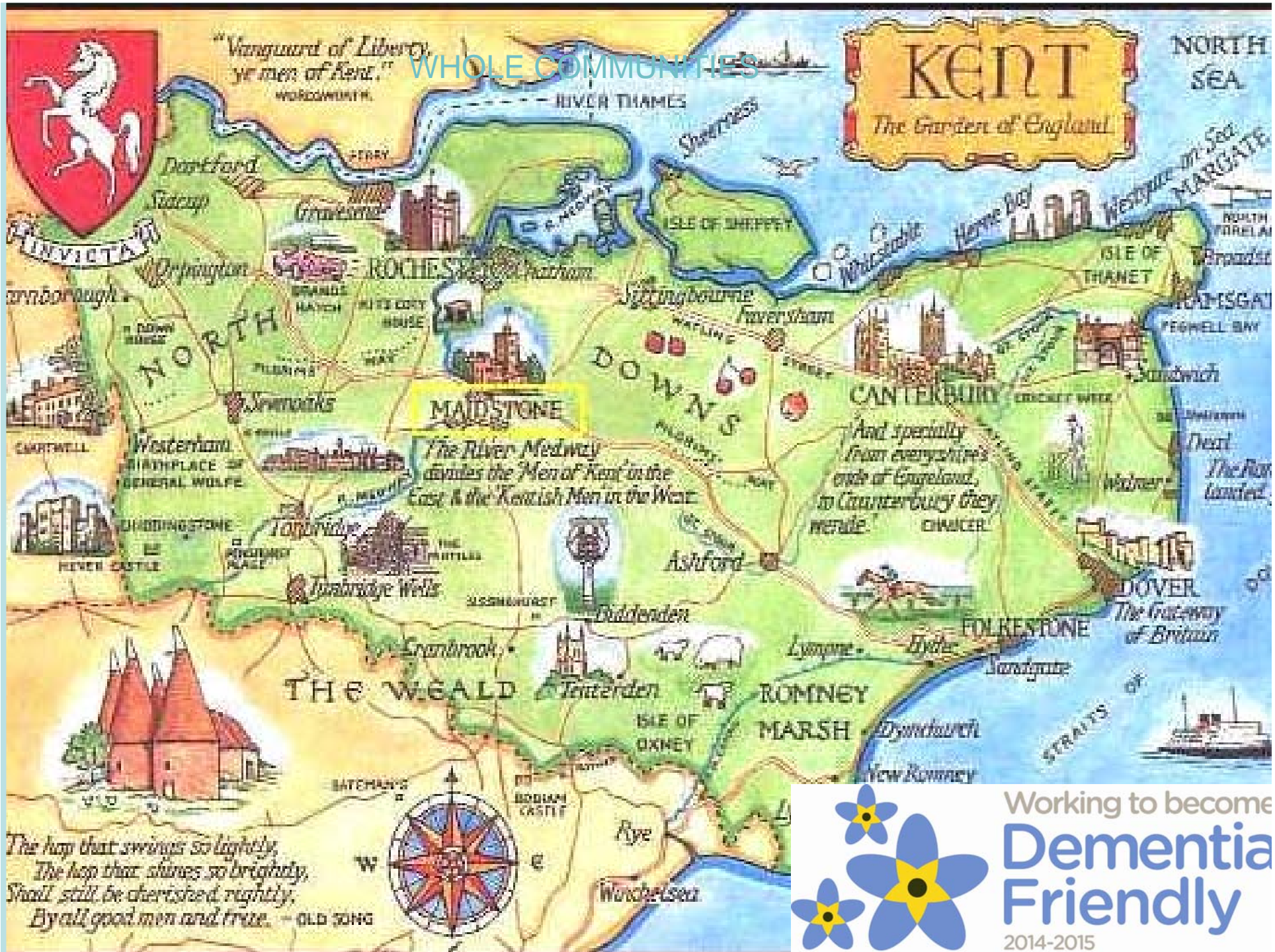
Consistency



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WHOLE COMMUNITIES



Working to become  
**Dementia  
 Friendly**  
 2014-2015

# Sustainable



Facilitating local leaders

Refreshing infrastructure - Kent Dementia Action Alliance (April 2014)

Interactive Dementia Friendly Kent web platform

Focus on intergenerational activity

Planning for longer term investment - Dementia Diaries sales ring-fenced for future development



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# East Kent



**THANET** Initial Meeting 4th July 13 | Intergenerational Art Installation | East Kent College fundraising, Friends and Dementia Diaries | Minnis Bay Day Centre

**CANTERBURY** iPad project | Initial Meeting Oct' 13 | Film Project | Solicitors Friends sessions | Whitstable and H-bay working group established.

**DOVER** Eastry Community | Sandwich GP Surgery Friends Sessions | Pfizer UK donation to Age UK | Community event planned | Faith communities

**SHEPWAY** Intergenerational Dance project | Initial Meeting March '14 | Multiagency working group | Academy FM Radio Project | BrightShadow and Broadmeadow

**ASHFORD** Task and Finish group | County Square | Farrow Court



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# West Kent



**DARTFORD** Initial Meeting Jan '14 | Dartford Council frontline staff Friends sessions | 'Dementia Friendly' Asda | DASco School work | 'Dementia Friendly' Bluewater commitment to Shop Safe and Friends sessions

**GRAVESHAM** Council have Champion and commitment to sessions | Intergen Life Story Project

**SWANLEY** Working towards DAA | Orchard School hosting community 'drop in' | 'Teen' social media presence by DofE volunteers | Leisure centre healthy mind/body | WKHA Friends sessions | Social care students Rural Age UK ADSS project

**TUNBRIDGE WELLS** Initial Meeting 22nd Jan | Faith groups Friends session | TW Care centre Open Day | Dementia Themed over 50s Forum

**TONBRIDGE & MALLING** Dementia Friendly Village | Libraries & Shared Lives project

**SEVENOAKS (Excl Swanley)** Dementia Friendly DC | Community leisure services

**MAIDSTONE** Initial meeting Feb 14 | High street Shop Experience | DofE Care Home project

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# Project requirements



Min. 3 organisations who have not worked together before

People living with dementia involved in project at all stages

Willingness to share learning



# Transferable models



**Additional notes**  
Space to add any other symptoms, changes or questions.

**What medication are you currently taking?**

**Useful contacts**  
Memory problems can be the result of a variety of conditions. This questionnaire will support your GP to identify the cause. If you have answered 'yes' to any of the previous questions it may not necessarily mean you have dementia, but if you are concerned the following numbers are available.  
For general enquiries, the 24 hour Kent Dementia Helpline on 0800 500 3014 or for medical professionals, Dementia UK on 0845 257 3406

**Concerned about your memory?**  
A handy checklist of questions if you are worried about your own or a relative's memory. Fill it out before your next visit to your doctor, as it will help you explain how you are feeling and make diagnosis easier.

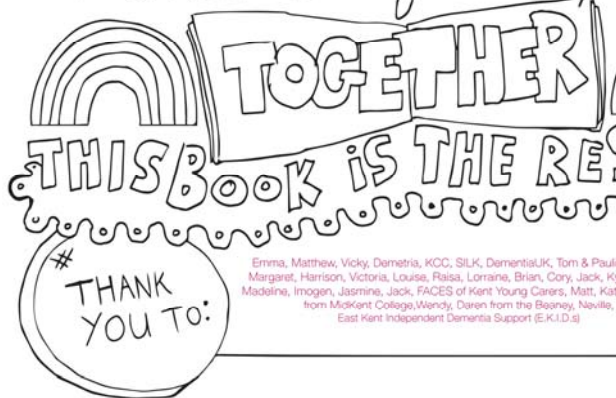
**Kent and Medway NHS**  
NHS and Social Care Partnership Trust



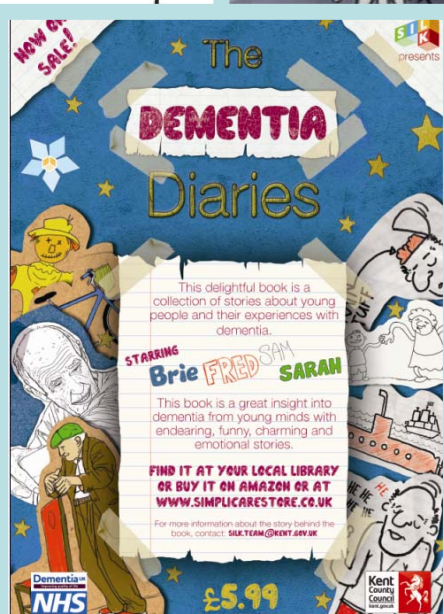
WHERE THIS BOOK STARTED



a writer was found to put



Emma, Matthew, Vicky, Demetria, KCC, SILK, DementiaUK, Tom & Paul, Margaret, Harrison, Victoria, Louise, Ralisa, Lorraine, Brian, Cory, Jack, K, Madeline, Imogen, Jasmine, Jack, FACES of Kent Young Carers, Matt, Kat from MedKent College, Wendy, Daren from the Booney, Neville, East Kent Independent Dementia Support (E.K.I.D.S)



# In the pipeline



It takes a Village

Whose Shoes

Dementia Game Testing

Pen Pals

Kent Chaplaincy

Carers Skills

Lunch club



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# Events planned



Dementia Marketplace, the launch of Kent Action Alliance, Canterbury Christchurch University, 24<sup>th</sup> April

DGS Adventure into Dementia, Gravesend Rugby Club, 21<sup>st</sup> May

Plus events across Kent for Dementia Awareness Week 18-24<sup>th</sup> May



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**Facebook**

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