

Loneliness and Social Isolation Select Committee

Biography

Nicky Saynor, Health & Wellbeing Manager, and Terry Blair-Stevens, Public Health Consultant, Public Health England South East (PHESE)

Terry has extensive public health and health improvement experience over 28 years, at local, national and international levels. His specialist areas currently include health inequalities, healthy communities and health & justice. He has wide-ranging experience of building public health know-how, skills and capacity in local government and the NHS. Terry previously worked with the Health Inequalities National Support Team, providing diagnostic support to the most deprived local health economies in England. He has broad national experience of approaches to community engagement and for several years was a Technical Advisor to the WHO Centre for Urban Health, and a consultant for national public health programme development in Eastern Europe.

Nicky has over 20 years' experience of project and programme management in health and social care. She works with local authorities and other stakeholders in the wider public health system, as well as relevant teams within PHE nationally, to provide expert advice to inform and support local approaches to promoting population health and tackling health inequalities. She is the responsible lead for NHS Health Checks, Community Asset Based Approaches to Health & Wellbeing and Social Prescribing. She has worked for PHESE since it was established in April 2013 but also has experience of working in the NHS (PCT & Strategic Healthy Authority), local government (Adult Social Care) and in the VSCE sector in community development, community engagement, advocacy and support work.