

From: Clair Bell, Cabinet Member for Adult Social Care and Public Health
Anjan Ghosh, Director of Public Health

To: Health Reform and Public Health Cabinet Committee –
20 September 2022

Subject: **Performance of Public Health Commissioned Services**

Classification: Unrestricted

Previous Pathway: None

Future Pathway: None

Electoral Division: All

Summary: This report provides an overview of the Key Performance Indicators for the Public Health Commissioned Services. In the latest available quarter, April 2022 to June 2022, eight of 15 Key Performance Indicators were RAG rated Green, four Amber and three could not be RAG rated as the data was not available at the time the report was written.

Recommendation: The Health Reform and Public Health Cabinet Committee is asked to **NOTE** the performance of Public Health commissioned services in Q1 2022/2023.

1. Introduction

- 1.1 A core function of the Cabinet Committee is to review the performance of services which fall within its remit.
- 1.2 This report provides an overview of the Key Performance Indicators (KPIs) for the Public Health services that are commissioned by Kent County Council (KCC) and includes the KPIs presented to Cabinet via the KCC Quarterly Performance Report (QPR). Appendix 1 contains the full table of KPIs and performance over the previous five quarters.

2. Overview of Performance

- 2.1 Of the fifteen targeted KPIs for Public Health commissioned services, eight achieved target (Green), four were below target although did achieve the floor standard (Amber) and three indicators have not been RAG rated as the data was not provided by the time the report was written.

3. Health Visiting

- 3.1 In Q1 2022/2023, the Health Visiting Service delivered 17,057 mandated universal contacts and is on track to meet the annual target of 65,000 mandated universal contacts. The KPI for the number of new birth visits has recently changed from delivery of the visit within 30 days of birth to within 10–14 days of birth. In Q1 the service is achieving just below the target at 94%. There are several exceptions as to why a new birth visit will take place outside of day 10–14. For example, this may include families who move into or out of the Kent area, or those babies who are an inpatient within a neonatal unit. However, all families are offered a new birth visit within 30 days and all new birth visits take place in the home.
- 3.2 The provider offers each district in Kent access to breastfeeding groups, which are either bookable or run on a drop-in basis. A virtual breastfeeding group takes place three times a week and is led by the Specialist Infant Feeding Team. Provision of drop-in groups will be extended/coverage across Kent expanded by the end of September 2022.
- 3.3 Performance of the two to two and a half year health and wellbeing Review is 87%, this is within the target (80%). The percentage of those attending the two to two and a half year Review has decreased slightly from 91% in Q4 2021/2022 to 87% in Q1 2022/2023. The reason for the decrease of those attending is being explored. The number of DNAs (those that did not attend the health and wellbeing visit) are within a similar range to the same quarter as last year. In response, the provider will be obtaining feedback from families to help improve the take up of the review and to reduce the DNAs.

4. Adult Health Improvement

- 4.1 The NHS Health Check Programme continues to recover towards pre-pandemic levels after the service resumed delivery in Q2 2020/2021, following a national pause from March 2020 due to COVID-19. There were 5,945 Health Checks provided in Q1 2022/2023. Although the 12-month rolling checks performance is amber for this period, activity continues to increase rapidly with this quarter representing a 213% increase in checks delivered compared to the same quarter last year. A risk-stratified approach to NHS Health Checks, where those at highest risk of cardiovascular disease are targeted, has been rolled out and will continue to be piloted until 2023/2024.
- 4.2 In Q1 2022/2023, the smoking cessation service reported a quit rate of 54%. It is expected that this will increase over the next few weeks as there is a slight delay in reporting all of the data immediately at the end of the quarter. The stop smoking service is still utilising additional workers to manage the numbers being referred into the service. Before COVID-19, Pharmacies and GPs delivered a proportion of the service but have not returned to the numbers they were prior to the Pandemic. Commissioners are meeting with Specialists and Consultants in the coming weeks to discuss the best way to address future pressures on the service.

4.3 In Q1 2022/2023, the number of referrals to One You Kent healthy lifestyle services remained high. This is partly due to GPs continuing to be incentivised to refer clients to weight management services. The providers are using temporary resource funded through the Office for Health Improvement and Disparities weight grants to manage this. Furthermore, the upper criteria for the weight management service are being more clearly defined to ensure that only clients for whom the service is appropriate are referred. In this quarter, 53.5% of individuals across all One You Kent services are from the most deprived quintiles. Two districts were considerably lower than the KPI target. The increased number of referrals from GPs combined with the lower levels of deprivation in these districts means they will consistently struggle to meet the KPI target. Fluctuations in countywide performance since Q1 2021/2022 is predominantly due to additional outreach being undertaken in areas of deprivation within these districts, which has improved KPI performance for individual quarters.

5. Sexual Health

5.1 In Q1 2022/2023, the Sexual Health service has performed well overall despite the ongoing strain on the service by the Monkeypox outbreak. The Sexual Health KPI target has been increased to 95% as a reflection of a successful year in 2021/2022. Over Q1 this target has been met, showing an ongoing commitment by the service and KCC commissioners to deliver a high level of service. The service continues to operate a hybrid model with service users generally being directed initially to the online Sexually Transmitted Infection (STI) testing service prior to booking a face-to-face appointment in clinic. This model proved successful in 2021/2022 and will continue to be developed in 2022/2023.

6. Drug and Alcohol Services

6.1 The Performance data for the Adult Drug and Alcohol Services for Q1 2022/2023 was not available at the time of writing the report.

6.2 The Young Person's Service received 120 referrals in Q1 2022/2023, which is higher than Q1 last year (91). The amount of young people exiting treatment in a planned way has decreased in Q1 2022/2023 to 78% .this represents 46 planned exits, one transfer and nine unplanned exits (all of which were due to young people disengaging). Of those young people who exited treatment in a planned way, 47% reported abstinence. Commissioners will work with the service to understand common themes and any actions required on disengagement.

7. Mental Health and Wellbeing Service

7.1 In Q1, Live Well Kent (LWK) referrals have increased from the previous quarter. Self-referrals continue to be the greatest source of referrals. Client satisfaction rates remain above the target at 98.7%. Over the last year, LWK staff have been sitting as a partner in several Community Mental Health Team triage meetings. This has been extremely beneficial for people and has created a good working relationship, enabling a more joined up pathway for mental health services.

8. Conclusion

- 8.1 Eight of the 15 KPIs remain above target and were RAG rated Green.
- 8.2 Commissioners continue to explore other forms of delivery, to ensure current provision is fit for purpose and able to account for increasing demand levels in the future.

9. Recommendation

9.1 Recommendation: The Health Reform and Public Health Cabinet Committee is asked to NOTE the performance of Public Health commissioned services in Q1 2022/2023
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10. Background Documents

None

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