

Kent and Medway Designated Keyworker Early Adopter Programme

Case Stories



Please check the Guidance when completing this form

<p>Where is the Keyworking service located?</p>	<p>Kent and Medway Designated Keyworker Early Adopter Programme</p>
<p>Give a short description of the child/young person/family</p> <ul style="list-style-type: none"> • Details about historical/ current issues the child/young person is facing. • Any recent or historical diagnoses. 	<p>Young Person (YP) has not been in education for more than 2 years. Has had frequent admissions to hospital due to:</p> <ul style="list-style-type: none"> • self-harm • suicidal ideation • social anxiety
<p>What were the challenges/ barriers that needed to be addressed? <i>(Maximum 200 words – bullet points will suffice)</i></p> <ul style="list-style-type: none"> • For example, family relationships, blockages to accessing relevant services etc. 	<ul style="list-style-type: none"> • YP's voice not being heard • YP's support needs not being met by school • Social isolation • Parents frustrated due to lack of support • Mum being socially isolated as having to care for YP
<p>What services are involved in the child/young person's care and their different roles?</p>	<ul style="list-style-type: none"> • Regular visits to CAMHS • Weekly visits to A&E
<p>What did the Keyworker do? <i>(Maximum 200 words – bullet points will suffice)</i></p> <p>Please refer to the Guidance document before completing this section.</p>	<ul style="list-style-type: none"> • Keyworker started working with YP in January 2022 • Initially built up a relationship with YP through regular visits • Accompanied YP to horseriding sessions (funded through the DSR) twice weekly • Over time, trust between keyworker and family improved significantly

<p>What has been the outcome for the child/young person and their family? (<i>Maximum 200 words - bullet points will suffice</i>)</p> <p>Please refer the Guidance document before completing this section.</p>	<p>YP had never ridden a horse before and is now totally at ease with all aspects of riding and stable management. Self-harm and suicidal ideation very minimal and her social anxiety virtually non-existent.</p> <p>YP no longer has regular CAMHS involvement.</p> <p>After nearly 3 years with no educational input, education placement has now been identified at Haven Nook School. Transition going really well, thanks to the resilience YP has developed with horseriding and positive reinforcements around her.</p>
<p>What has been the impact for other services?</p>	<p>Case closed</p>

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