

From: Clair Bell, Cabinet Member for Adult Social Care and Public Health
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To: Health Reform and Public Health Cabinet Committee – 11 July 2023

Subject: **Performance of Public Health Commissioned Services (Quarter 4 2022/2023)**

Classification: Unrestricted

Previous Pathway: None

Future Pathway: None

Electoral Division: All

Summary: This report provides an overview of the Key Performance Indicators for Public Health commissioned services. In the latest available quarter, January 2023 to March 2023, of 15 Key Performance Indicators eleven were RAG rated Green and four Amber.

Recommendation: The Health Reform and Public Health Cabinet Committee is asked to **NOTE** the performance of Public Health commissioned services in Q4 2022/2023.

1. Introduction

- 1.1 A core function of the Cabinet Committee is to review the performance of services which fall within its remit.
- 1.2 This report provides an overview of the Key Performance Indicators (KPIs) for the Public Health services that are commissioned by Kent County Council (KCC) and includes the KPIs presented to Cabinet via the KCC Quarterly Performance Report (QPR). Appendix 1 contains the full table of KPIs and performance over the previous five quarters.

2. Overview of Performance

- 2.1 Of the 15 targeted KPIs for Public Health commissioned services, eleven achieved target (Green) and four were below target although did achieve the floor standard (Amber).

3. Health Visiting

- 3.1 In Q4 2022/2023, the Health Visiting Service delivered 16,752 mandated universal health and wellbeing reviews. Over the whole year (2022/2023), there were 68,852 health and wellbeing reviews delivered, exceeding the annual

target of 65,000. Four of the five mandated contacts met or exceeded the targets with the proportion of new birth visits delivered within 10–14 days at 93%, slightly below the 95% target. From 2022/2023, this KPI changed from delivery of the visit within 30 days of birth. Overall, 99% of new birth visits were delivered within 30 days and families with additional needs are always prioritised. At the end of March 2023 (Quarter 4), there were 3,012 children on the health visiting specialist caseload. The specialist caseload includes children and families who require intensive support for complex or multiple needs, and children who are considered to have been harmed or are likely to suffer significant harm as a result of abuse or neglect. There are also 5,667 children on the targeted caseload. The targeted caseload includes children and families who require extra help to improve education, parenting, behaviour or to meet specific health needs.

4. Adult Health Improvement

- 4.1 The NHS Health Check programme has made notable progress in Q4 2022/2023. The number of eligible people receiving an NHS Health Check (twelve month rolling) exceeded the target at 25,144, of which 7,703 were delivered in the current quarter. This represents an increase of 59% compared to the same quarter in 2021/2022 (4,844). More of the eligible population are being invited to an NHS Health Check, with 24,411 being invited this quarter which is an increase of 23% compared to the same quarter in 2021/2022 (19,796). Most encouraging, the uptake of NHS Health Checks continues to recover to pre-pandemic levels at 29% during 2022/2023. This compares to 38% (2019/2020 [pre-pandemic]), 17% (2020/2021) and 24% (2021/2022).
- 4.2 In Q4 2022/2023, there were 1,465 people setting a quit date through the Smoking Cessation Service. At the four-week follow-up, 54% (786 people) of those setting a quit date had successfully quit. This is slightly below the target of 55%. However, it is important to note that the number of people setting a quit date and subsequently achieving this during the quarter was the highest reported in the year to date (2022/2023).
- 4.3 During Q4 2022/2023 the Stop Smoking Long Term Plan Maternity Service started to launch, which began to decrease the number of referrals being received for the Smoking in Pregnancy Service. It is envisaged that this will continue to impact upon referrals from maternity services as the Smoking in Pregnancy Service rolls out across the county and as maternity services start to utilise in-house NHS Stop Smoking workers. Commissioners and Kent Community Health Foundation Trust (KCHFT) will continue to monitor the impact of this on referral numbers and will review where resource is allocated within the service as appropriate. As public health starts to embark on a transformation programme it will be important to consider how services such as smoking, fit within the new strategic landscape.
- 4.4 The One You Kent (OYK) Lifestyle Service performed above the target for the percentage of individuals across OYK Services being from the most deprived areas in Kent, achieving 59% in Q4 2022/2023. We have identified under-reporting of activity from one of the providers affecting Q1–Q4 2022/2023 that

has since been rectified. The updated data shows that engagement with this cohort has increased over the past year, contrary to what the previous data suggested. In districts with lower levels of deprivation it continues to be challenging to meet the 55% target despite carrying out engagement work targeting this cohort. Referrals from GPs for individuals with a high Body Mass Index (BMI) (not necessarily from deprived quintiles) remain high and this affects the percentage of individuals within OYK Services from areas of deprivation. Commissioners are working with NHS weight services to ensure that these individuals are being supported by the most suitable service for their needs. It is also important to note that OYK Lifestyle is a universal service.

5. Sexual Health

5.1 In Q4 2022/2023, the Sexual Health Service performed above the target for the percentage of first-time patients being offered a full sexual health screening, achieving 98%. Over the whole year (2022/2023), attendances at KCC commissioned sexual health clinics were 58,012 – 11% fewer compared to 2021/2022 (65,166). However, the number of individuals using the online Sexually Transmitted Infections (STI) Testing Service has increased by 5% (tests ordered: 46,383) over the same period as more individuals are signposted to this service. Works are ongoing at the new sexual health clinic in Margate (Thanet), which will increase service capacity to meet current and future need. This facility is projected to open in Q2 2023/2024. The service has also continued successful, proactive outreach work, with collaboration taking place between providers.

6. Drug and Alcohol Services

6.1 In Q4 2022/2023, Community Drug and Alcohol Services continued to perform above target for the proportion of successful completions from drug and alcohol treatment. The performance for this measure, however, is decreasing when compared to previous quarters. The number of adults entering treatment in 2022/2023 was 5,084; this has remained relatively stable since 2018/2019. It is worth noting that the providers have been asked to focus strongly on increasing the numbers in treatment, particularly from underserved groups, as per the Office for Health Improvements and Disparities (OHID) instruction. This is necessary for additional OHID funding to be agreed post-2025. The providers have been reminded of the importance of continuing to maintain performance across other areas, such as successful completion. With this in mind, some of the OHID funding has been dedicated to the recruitment of Quality Improvement Leads across both services. They will have a responsibility to improve quality across all aspects of the service.

6.2 The Young People's Drug and Alcohol Service received 108 referrals in Q4 2022/2023, an increase of 13.7% compared to Q4 2021/2022. The amount of young people exiting treatment in a planned way exceeded the target this quarter, increasing to 90% from 77% during Q3 2022/2023. This represents 37 planned exits, one unplanned exit and one transfer. Of those young people who exited treatment in a planned way, 27% reported abstinence. In the last quarter

the service has seen a stabilisation in its workforce, with successful recruitment and induction of several vacancies.

7. Mental Health and Wellbeing Service

7.1 In Q4 2022/2023, Live Well Kent and Medway client satisfaction rates were 99%, meeting the 98% target. The service continues to report that the cost-of-living crisis is impacting on the mental and wellbeing of clients. The service continues to mobilise the new contract whilst still achieving positive outcomes for clients across Kent. For example, most people supported through the service to enter employment during 2022/2023 have secured jobs for more than 16 hours per week. This has resulted in an increased number of people transitioning off employment-related benefits.

8. Conclusion

- 8.1. Eleven of the fifteen KPIs remain above target and were RAG rated Green.
- 8.2. Commissioners continue to explore other forms of delivery, to ensure current provision is fit for purpose and able to account for increasing demand levels and changing patterns of need. This will include ongoing market review and needs analysis.

9. Recommendations

9.1 Recommendation: The Health Reform and Public Health Cabinet Committee is asked to **NOTE** the performance of Public Health commissioned services in Q4 2022/2023.

10. Background Documents

None

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