

## Appendix 1: ICS Strategy: How can future CYP MH model deliver ICS priorities?

NHS Kent and Medway are taking the opportunity presented by the procurement process and ensure that new contracts will deliver evidence-based best practice care. We want our services to be targeted at the right time so they can help prevent children and young people becoming seriously unwell and provide specialist care when needed. Therefore, alongside engagement with providers and the market testing activity, we have established a clinical reference group (CRG), comprised of children and young people’s mental health specialists, to develop an evidence-based model of care.

ICS Strategy Priority	How the can a future CYP MH model deliver against the ICS priorities?
<p><b>Giving children the best start</b> in life and working to make sure they are not disadvantaged by where they live or their background and are free from fear or discrimination.</p>	<p>Focus on <b>removing the inequity</b> that has been built into numerous contracts and ways of working. New model can build on <b>place</b> and <b>neighbourhood points of access</b> and <b>support</b>. <b>Locally defined services</b> can address specific and local inequalities and population needs which tie in and complement a whole K&amp;M <b>therapeutic approach to care</b>.</p>
<p><b>Helping the most vulnerable and disadvantaged</b> in society to improve their physical and mental health; with a focus on the social determinants of health and preventing people becoming ill in the first place.</p>	<p>Focus on <b>meeting needs first and early</b>. It will enable system partners to <b>invest and plan together</b> on preventative/wider determinants of health interventions. The place-based components will be able to identify their most <b>vulnerable populations</b> and <b>design services</b> to meet their needs. Exploring <b>personal health budgets at neighbourhood level</b> as an integral component to any future model will test a new approaches to direct support and solution finding.</p>
<p><b>Helping people to manage their own health and wellbeing</b> and be proactive partners in their care so they can live happy, independent and fulfilling lives; adding years to life and life to years.</p>	<p>Implementation of <b>iTHRIVE</b> to give a framework &amp; language to <b>describe &amp; navigate</b> the information and support on offer. This will be hand in hand with a <b>transformed digital offer</b> and implementation of the CYP MH <b>Communication and Engagement Strategy</b>, making mental health <b>‘everyone’s business’</b> and giving the tools to manage within family, friend and communities.</p>
ICS Strategy Priority	How the can a future CYP MH model deliver against the ICS priorities?
<p><b>Supporting people with multiple health conditions</b> to be part of a team with health and care professionals working compassionately to improve their health and wellbeing.</p>	<p>Children who are <b>looked after</b> or <b>care leavers</b>, those on the <b>criminal justice</b> pathways, <b>trans</b> young people, <b>autistic people</b> and those with <b>ADHD</b> will remain a focus of any CYP MH programme. Models of care where specialist interventions are delivered by a variety of experts, skilled with working with particularly vulnerable young people will be rolled-out. How can <b>supervision, consultation</b> and <b>psychoeducation</b> can support a whole network of partners support children and young people?</p>
<p>Ensuring that when people need hospital services, <b>most are available from people’s nearest hospital</b>; while providing centres of excellence for specialist care where that improves quality, safety and sustainability.</p>	<p>Children and young people need rapid access to <b>crisis care 24/7</b>. Where CYP do not have a physical health need, they will be offered <b>care at home</b> or in the <b>community</b>, in environments which are appropriate to their safety, care and need.</p>
<p>Making Kent and Medway a <b>great place</b> for our colleagues <b>to live, work and learn</b>.</p>	<p>By offering <b>contracts for a generation</b>, the new model can build much needed <b>resilience</b> within the <b>workforce</b>. There is a large component of delivery through the <b>VCSE</b>, and longer-term contracting supports the NHS <b>commitment to the sector</b>. It will enable the CYP MH system to better engage with young people seeking to <b>enter into</b> future NHS careers in therapy/MH sector.</p>

## Future model of children and young people's integrated care 2023/24

Kent and Medway Children's Programme Board and Joint Commissioning Sub Group have adopted the below model of integrated care for children and young people. This model commits future services and provision to working at neighbourhood, place and system-level.

