

Children and young people's mental health pre-market engagement event - report

Introduction

The pre-market engagement event for children and young people's mental health future commissioning on the 9th of November 2023 brought together key partners in the Kent & Medway children's mental health and emotional wellbeing provider landscape to:

- Understand the procurement process for future CYP mental health service provision in Kent and Medway and the emerging outline plans
- Provide reflections on this process and what would help make the procurement process work as well as possible for different stakeholders
- Share ideas for excellent CYP mental health services and provide feedback and reflections on emerging ideas from the Kent and Medway teams

Many key stakeholders from across the system were represented within the workshop. Some key stakeholders were unable to attend, and every effort will be made to ensure colleagues from these organisations are part of the work going forward.

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Opening presentation

The event was opened by Caroline Dove, CEO of NHS Elect, and led into a presentation from Sue Mullin, Associate Director for CYP Mental Health at NHS Kent & Medway ICB. The full presentation is available here:



CYP MH event -
slide pack FINAL.pdf

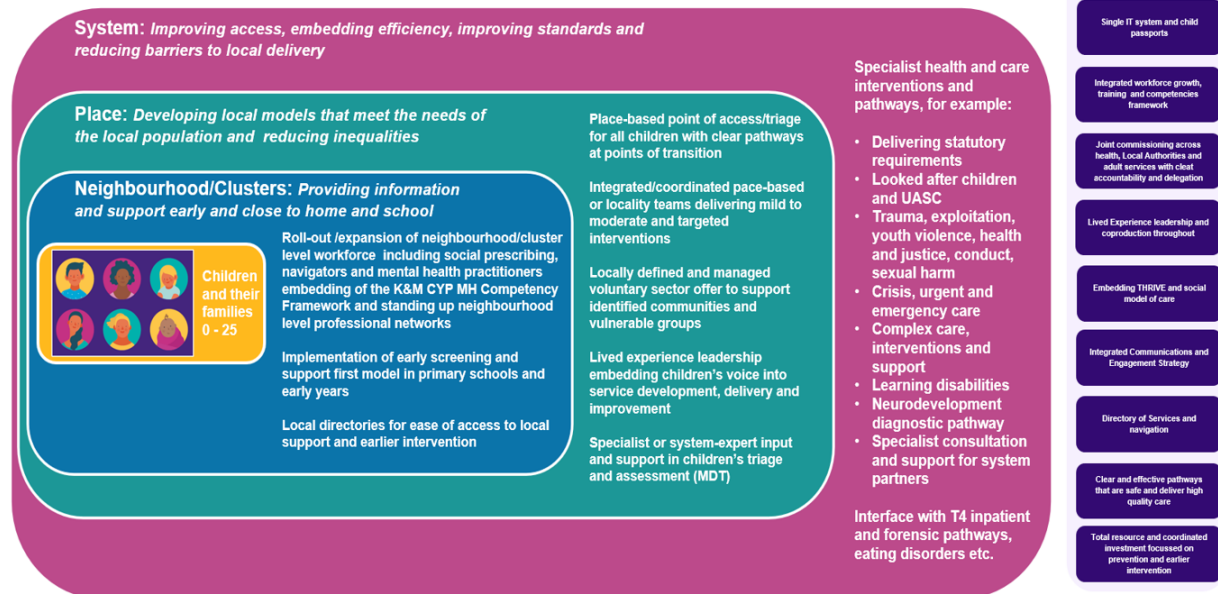
The key messages were:

- We are in the early stages of our thinking around how the future commissioning model of Children and Young people's mental health services should look in Kent & Medway. In order to make sound choices, we need to collectively hear the voice of the sector about what to do in the future.
- Now is an ideal time to consolidate the work that's been done since the last large-scale CYP MH procurement in Kent & Medway. It presents an opportunity to:
 - Move to a more connected and responsive offer, with providers working in greater collaboration to allow CYP a smoother journey through a network of support.
 - Move to the next level of maturity around tackling difficult strategic problems within CYP MH. For example, how are we growing our own CYP MH workforce?
 - Grow and embed the innovation that's been taking place over the past 7 years.



- The proposed new model is available on slide 7 of the presentation. It outlines an approach of locally-defined and managed early intervention and VCSE support, working in a therapeutic alliance model alongside specialist mental health intervention, input and consultation.

K&M children, young people and young adults' future integrated model of care 23/24



Future ambitions

'Children' is first among the strategic priorities of the Kent & Medway ICS. However, work within CYP MH fits all six priorities.

Our ambitions for the new model against these priorities are available on slides 9 and 10 and the main presentation embedded above. They outline the ICB's commitment to, among other things:

- Meeting needs first and early
- Reducing inequity built into contracts and ways of working
- Enabling locally defined services to meet specific needs, and local points of access
- Invest and plan together on preventative approaches
- Focus attention on vulnerable populations
- Explore personal health budgets at the neighbourhood level
- Embed iTHRIVE to provide a common language and framework
- Transform the digital offer
- Improve the way we communicate and engage with CYP, families and the system
- Explore how supervision, consultation and psychoeducation can enable a network of providers supporting CYP
- Rapid access to crisis care 24/7, at home or in the community where there is not a physical health need
- Offering contracts for a generation (10yrs) to build resilience within the workforce, especially within the VCSE

Collectively, we need to move away from people thinking that mental health only equals CAMHS, and anything else is lesser.

Some of the challenges and limitations to these ambitions are articulated on slide 13 of the main presentation. However, it is right that we are ambitious for the children and young people of Kent & Medway.

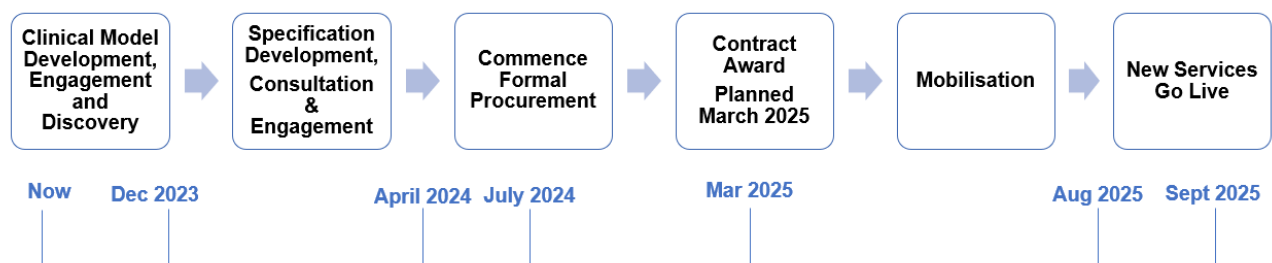
Indicative timeline

The procurement timeline is provided on slide 14 of the main presentation. It is indicative and subject to change. However, it represents our current best prediction as to when key points in the procurement process will happen.

We are currently in the discovery phase, which will last through until December 2023. Engagement proper will run from January to March 2024. Formal procurement is likely to begin at the end of July 2024, and the ambition is to stand up new service contracts by September 2025.

Indicative Timeline*

(*subject to change)



Workshop 1 - Reflections on how to make the procurement work as well as possible

Colleagues in the room undertook a workshop exercise to help identify ways we can make the procurement process as smooth as possible. The key questions asked were:

- How would you like us to communicate with you?
- What can we do to maintain engagement in the process?
- What should we avoid doing?

A summary of the feedback provided can be found in the attached document:



Workshop 1 - procurement proces

We commit to ensuring these reflections are held in mind and implemented wherever possible through the procurement process.

Workshop 2 – Bright ideas from colleagues in the room

A second workshop asked colleagues to share their ideas for what a future CYP mental health system might include. Key themes emerged from the feedback around:

- Ideas for the potential strategic partnership model
- Needs-led services
- Demonstration of impact, both at the strategic and individual level
- Innovative use of funding
- Making best use of existing learning and existing initiatives
- Gaps in the current system

Full details of the feedback provided can be found in the attached document:



Workshop 2 -
bright ideas write-u

We commit to explore these ideas earnestly and work them into our collective design of the system.

Workshop 3 – Feedback on early ideas

Slides 11 and 12 of the main presentation articulate some of the emerging early ideas from within the Kent & Medway ICB team.

A third workshop asked colleagues to consider these ideas and provide feedback. Tables were given a theme reflecting the Kent & Medway commissioning team's current thinking. Partners were free to choose which discussion to join and provide feedback to.

The themes provided were as follows:

- Local access and locally defined services
- Focus on vulnerable groups and meeting needs first and early
- Therapeutic alliance/collaboration/network
- Specialist services
- Aligning future contracts for shared responsibility

The full feedback provided can be found in the attached document:



Workshop 3 - early
ideas write-up.pdf

We commit to reflect on the feedback provided and use the views of partners in the system to guide the final model, both from this engagement event and ongoing.

Q&A

Opportunity was provided for an open Q&A session on any of the points raised within the event thus far. A full summary can be found in the attached document:



Q&A write-up.pdf

Next steps

NHS Kent & Medway ICB agreed the following as next steps:

- We committed to producing a write-up of the event and sending it to colleagues both present at the day and those who could not attend.
- We produced and circulated an evaluation questionnaire for the day so we can keep learning and improving.
- To explore the best ways to share information with stakeholders, listening to the feedback given during this event, and to ensure that we cater to different preferences (e.g., bulletins, a dedicated website, video updates).
- Further engagement and consultation of children, young people, stakeholders and partners to further develop models will continue through December 2024 and beyond.
- As part of the above, we will host another session before the end of January 2024 discussing potential contractual models to best enable the therapeutic alliance (before Christmas was mentioned in the event, but we are unable to secure a date with appropriate notice).
- We will explore the creation of a community of practice where we can share intelligence around specific issues, e.g. disordered eating etc.
- Specification development and engagement will begin in January 2024.
- We will share an update to the timeline in January to keep stakeholders informed of the procurement's progress.