

## Appendix A

**Long Term Plan achievements so far: Kent**

- Increasing access to services: 35,727 referrals were accepted to current commissioned children and young people's mental health services in 2022/23<sup>1</sup>
- Rolling out nationally funded Mental Health Support Teams to 50% of the school population, which includes academies (known locally as Emotional Wellbeing Teams)
- Developing mental health practitioner and navigator/social prescribing roles in primary care
- Significant and consistent reduction in the number of children and young people in acute hospitals and those needing Tier 4 inpatient care
- Achieving national eating disorders standards of 95% of urgent cases being seen within one week of referral and maintenance of that standard during Covid
- Implementing a new transition framework and structure to support children moving into adulthood
- Implementing i-THRIVE and trauma informed approaches to support children and young people's needs being met early and appropriately
- A 45% reduction in the number of children and young people waiting more than 18 weeks for mental health services since July 2023
- Embedding children and young people's lived experience, participation and voice in our strategy, policies, workforce, service design and delivery

Working with the voluntary, community and social enterprise sector (VCSE) to develop [workforce competencies](#) and support evidence-based and innovative practice.

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<sup>1</sup> Data for 2022/23 was sourced from the Mental Health Services Data Set. In previous years, local access to the national MHSDS was unavailable due to it not being set up within a local data warehouse. Also, not all commissioned providers were submitting to the MHSDS. External support was contracted to both work with providers to enable submissions and to ensure analysts could access robust and processed MHSDS locally. This process was started in mid-2021 and therefore 2021/22 data is incomplete.