

Annex 1: Summary of PHSTP activities

To be covered at today's meeting:

Sexual Health	See separate paper scheduled for today's committee
NHS Health Checks	See separate paper scheduled for today's committee
Older people's exercise	See separate paper scheduled for today's committee

In progress, governance completed.

Children and young people – Implementation in progress	<p>For 0-4 CYP services, a Key Decision was taken following HRPCC on 21 January 2025.</p> <p>Key changes include: -</p> <ul style="list-style-type: none"> • Recommissioning of the Health Visiting service (including Specialist Infant Feeding and family Partnership Programme) - with minor specification changes. • Separate commissioning of place-based community infant feeding service for two years. Actively undertaking market engagement on the specification. <p>The services are due to go live in January 2026.</p> <p>For 5-19 CYP services, a Key Decision is due to be taken at HRPCC on 11 March 2025. As part of the service changes a public consultation has been delivered and the findings can be found in the committee paper.</p> <p>Key changes include: -</p> <ul style="list-style-type: none"> • Recommissioning of the School Public Health Service with minor amends to the service specification (end April 2026). • The current CYP Counselling service will end on March 2026, and be replaced with a new TSS (Therapeutic Support Service), which will launch in November 2025). Procurement has now gone live. <p>Link to Public Consultation on CYP's Emotional Wellbeing Support Children and Young People's Emotional Wellbeing Support Let's talk Kent</p>
Adult Lifestyles - Implementation in progress	<p>A Key Decision was taken following HRPCC on 11 March 2025.</p>

	<p>For all of the Adult Lifestyle services (smoking, weight management and healthy lifestyle) the service model is remaining largely the same with small changes to respond to challenges and updates. These include self-guided support (smoking), focus on key groups (weight) and new focuses for teams where the NHS long-term plan has replaced the need for KCC to offer support.</p> <p>Examples of additional service offer components for weight and health lifestyles are:</p> <ul style="list-style-type: none"> • Services tailored to support targeted groups e.g. Men • Services tailored to support specific age ranges e.g. YP support (18-25) • Workplace offer • Training for other commissioned services to deliver brief weight management and healthy lifestyle advice • Making Every Contact Count Approach – refer/signpost to other services • Support will be delivered face to face, in a group, via telephone, or through other digital solutions. <p>Procurement launched in May 2025 for a provider for East Kent and a whole Kent central referral point. Our intention is to continue the work with District and Borough Councils in West and North Kent.</p>
Oral Health - Implementation in progress	<p>Oral health will be procured with a new service commencing in January 2026. Additional funding has been announced for supervised toothbrushing and the future commissioning implications are being considered.</p> <p>No key decision is required due to the value.</p>

Completed

Substance Misuse - Implemented	<p>A Key Decision was taken following HRPHCC July 2024 Paper</p> <p>PSR procurement process has completed and KCC has awarding contracts directly for Young People (We Are With You), East Kent (Forward Trust), and West Kent (CGL). Providers are the same as previous contracts.</p> <p>The new services started in February 2025 with refined specifications.</p>
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