

## Appendix 4 Services that would continue if the proposal is implemented

**Prevent:** Primary prevention/promoting wellbeing - facilities or resources provided or arranged that may help an individual who has no current particular health or care and support needs.

Universal access to information	<ul style="list-style-type: none"><li>• Social Prescribing - a service that is often run through GP practices which connects people to activities, groups and support that improve health and wellbeing.</li><li>• Wellbeing Services in the Community will continue to have initial contact point for people.</li><li>• Adult Social Care Connect - initial contact point with social care.</li><li>• Wellbeing Services for Carers, people with disabilities, dementia and sensory impairment.</li><li>• Kent Connect to Support – digital platform that provides information advice and guidance</li></ul>
Support safer neighbourhoods	<ul style="list-style-type: none"><li>• Community Warden Service - a service that supports residents, particularly people who are elderly and have vulnerabilities to feel safe and supported.</li><li>• Kent Community Safety Partnership – a partnership that is responsible for community safety in Kent.</li></ul>
Promote healthy and active lifestyles	<ul style="list-style-type: none"><li>• One You Kent – a service to help residents make healthy lifestyle changes including to lose weight, stop smoking, get more active or reduce alcohol intake.</li><li>• Social Prescribing - a service that is often run through GP practices which connects people to activities, groups and support that improve health and wellbeing.</li><li>• Live Well Kent and Medway - services to support mental health and promote wellbeing, including one-to-one support, groups, advice and activities.</li><li>• Wellbeing Services in the Community for people assessed as needing medium to higher levels of support.</li><li>• Adult Social Care Connect - initial contact point for social care which can provide information and connect people with information that promotes health and active lifestyles.</li></ul>

**(Prevent: Primary prevention/ promoting wellbeing continued...)**

Reduce loneliness or isolation befriending schemes	<ul style="list-style-type: none"><li>• Wellbeing Services in the Community for people assessed as needing medium to higher levels of support.</li><li>• Social Prescribing - a service that is often run through GP practices which connects people to activities, groups and support that improve health and wellbeing.</li><li>• Live Well Kent and Medway - services to support mental health and promote wellbeing, including one to one support, groups, advice and activities.</li><li>• Carers Support Services – including carer assessment to determine support required for an unpaid carer, carers direct payments, carer-specific navigation services, carer wellbeing services to improve physical and emotional wellbeing, financial wellbeing support, short breaks, and carer and dementia crisis support.</li><li>• Wellbeing services for people living with dementia, disabilities and sensory impairment.</li><li>• Community Warden Positive Wellbeing service - a service that supports residents, particularly people who are elderly and have vulnerabilities, to feel safe and supported and to foster a sense of cohesion and wellbeing.</li><li>• Adult Social Care Connect – a service helping people find groups and activities that will help social isolation.</li></ul>
Planning ahead for people's futures	<ul style="list-style-type: none"><li>• Online Self-Assessment – a service that offers online advice, connecting to resources and support to help live life independently.</li><li>• Financial Assessment Estimator Tool – an estimator that gives an idea of how much an individual may need to pay towards the cost of their care.</li><li>• People's Voice (Healthwatch Kent) – a service to promote and empower Kent residents to have a voice in influencing, developing and shaping health and care services.</li><li>• Adult Social Care Connect - initial contact point for social care which can provide information and connect people with information that promotes health and active lifestyles.</li></ul>

**Reduce:** Secondary prevention/early intervention - targeted interventions aimed at individuals who have an increased risk of developing needs.

Fall prevention	<ul style="list-style-type: none"><li>• Fall Prevention Courses - courses to people who are at risk of or have a history of falling.</li><li>• Technology Enhanced Lives – a service that provides technologies to help prevent and monitor for falls.</li><li>• Wellbeing Services in the Community for people assessed as needing medium to higher levels of support.</li></ul>
Adaptions to housing	<ul style="list-style-type: none"><li>• Aids and minor adaptations assessed through occupational therapists in social care.</li><li>• Trusted assessor for small pieces of equipment provided by the redesigned Wellbeing Services in the Community for people assessed as needing medium to higher levels of support.</li><li>• Disabled Facilities Grant - help towards the costs of making changes to a home so the person can continue to live there.</li><li>• Home Improvement Agency Service - provide a wide range of services to help maintain independence in a person's home.</li></ul>
Handyman services	<ul style="list-style-type: none"><li>• Home Improvement Agency Service - a wide range of services to help maintain independence in a person's home.</li></ul>
Care Technology	<ul style="list-style-type: none"><li>• Technology Enhanced Lives Service – a service that provides technologies to help prevent and monitor for falls.</li></ul>

**Delay:** Tertiary prevention/formal intervention - interventions aimed at minimising the effect of disability or deterioration for people with established or complex health conditions.

Support in a person's own home	<ul style="list-style-type: none"> <li>• Meeting a person's needs through an assessed package of care and support.</li> <li>• Technology Enhanced Lives Service – a service that provides technologies to help prevent and monitor for falls.</li> <li>• Integrated Community Equipment Service - provision of community equipment for older people and people with disabilities to promote independence, social inclusion, safety and quality of life.</li> <li>• Occupational Therapy - a service to improve people's ability to do everyday tasks if they're having difficulties including moving and handling, enablement techniques, specialist equipment, and adaptations.</li> <li>• Kent Enablement Support Services - a service that supports people to lead as independent and fulfilling a life as possible, by supporting them to learn or re-learn skills and daily life tasks.</li> <li>• Meals to support people to remain in their home and independent.</li> </ul>
Respite care	<ul style="list-style-type: none"> <li>• Short breaks services provided directly by KCC or by externally commissioned providers.</li> </ul>
Support for carers (peer support groups like dementia cafés, or emotional support)	<ul style="list-style-type: none"> <li>• Carers Short Breaks - a service that provides carers with a break from caring.</li> <li>• Emotional support provided by the Wellbeing Services in the Community for carers.</li> <li>• Post Diagnostic Specialist Support in the Community for people with dementia.</li> <li>• KCC Short Breaks services - a range of residential short break services across Kent.</li> <li>• Short Breaks provided by externally commissioned organisations – offering breaks from caring if they are providing care or support to a family member or friend.</li> <li>• Shared Lives - provides people with the opportunity to stay in the homes of individually recruited, trained and approved carers and their families who live in the community.</li> </ul>
Rehabilitation / reablement services	<ul style="list-style-type: none"> <li>• Kent Enablement at Home - a short-term service that supports people to lead as independent and fulfilling a life as possible, by supporting them to learn or re-learn skills and daily life tasks.</li> <li>• Integrated Care Centres - rehabilitation for patients who need help to enable them to return to their own home after illness or injury: West View, Broadmeadow, Westbrook House, Gravesham Place.</li> <li>• Occupational Therapy - a service to improve people's ability to do everyday tasks if they're having difficulties including moving and handling, enablement techniques, specialist equipment, and adaptations.</li> </ul>
Community equipment services and adaptations	<ul style="list-style-type: none"> <li>• Aids and minor adaptations - £1,000 or less.</li> <li>• Disabled Facilities Grant - help towards the costs of making changes to a home so the person can continue to live there.</li> <li>• Integrated Community Equipment Service - provision of community equipment for older people and people</li> </ul>

	<p>with disabilities to promote independence, social inclusion, safety and quality of life.</p> <ul style="list-style-type: none"> <li>• Technology Enhanced Lives Service – a service that provides technologies to help prevent and monitor for falls.</li> <li>• Home Improvement Agency Service - a wide range of services to help maintain independence in a person's home.</li> </ul>
Domestic Abuse	<ul style="list-style-type: none"> <li>• Personalised support delivered to survivors following domestic abuse to avoid escalation of need and increase safety and wellbeing.</li> </ul>