

From: Anu Singh, Corporate Director of Adult Social Care and Health

To: Graham Gibbens, Cabinet Member for Adult Social Care

Decision Number: 17/00113

Subject: **PROPOSED CHANGES TO HISTORIC MENTAL HEALTH VOLUNTARY SECTOR GRANTS**

Classification: Unrestricted

Previous Pathway of Report: Adult Social Care and Health Directorate Management Team – 8 November 2017
Public Health Divisional Management Team – 6 November 2017

Future Pathway of Paper: Cabinet Member decision

Electoral Division/s: All

Summary: This report sets out the historic Mental Health Grants that the Council is required to end by 31 March 2018 under the Voluntary and Community Sector Policy and proposes a future plan for each grant.

Recommendation: The Cabinet Member is asked to:

- a) **INCORPORATE** the 24/7 Telephone Service, Homelessness Support Service, Service User Expenses, Supported Accommodation and Debt Counselling into the Live Well Kent Contract;
- b) **DELEGATE** authority to the Corporate Director of Adult Social Care and Health, or other nominated officer, to undertake the actions necessary to implement the decision.

1. Introduction

- 1.1 In April 2016 the majority of the mental health grants were transferred into the Live Well Kent Contract. However, there are some remaining historic grants which need to be dealt with in order to be compliant with the Council's Voluntary and Community Sector Policy. The Live Well Kent Contract has been in place for the past two years and is performing well and is now in a position to take on additional responsibilities.
- 1.2 The grants in question have been awarded annually and have been in place in excess of ten years. Providers have applied for these grants through a closed grant application process.

- 1.3 Performance requirements within grant arrangements are not robust and performance information is not adequate. Moving the remaining grants into different funding arrangements will provide the opportunity to improve the performance reporting and monitoring. Aligning this funding more strategically enables the Council to shape the market and further develop a whole system approach.
- 1.4 The table below contains a summary of the grants in scope, it must be noted that along with the Council via Adult Social Care and Public Health, all of Kent's Clinical Commissioning Groups and Medway Council also contribute towards these grants.

Service	Contributors	Annual Total
Website and Telephone Line	ASC £98,057 PH £37,615 CCG £24,199 Medway £17,120	£176,991
User Forums and Mental Health Action Groups	ASC £157,455 CCG £78,129	£235,584
Homelessness Services	All ASC	£89,595
Service User Expenses	ASC £8,000 PH £7,000	£15,000
Supported Accommodation	All CCG	£111,762
Debt Counselling	All ASC	£13,540
Total		£642.472

2. Policy Context

2.1 This report is underpinned by the following:

- The Care Act 2014
- Five Year Forward View for Mental Health
- Your Life, Your Wellbeing: Kent's Adult Social Care Vision
- Getting Better Together: Medway's Adult Social Care Strategy
- Local Sustainability and Transformation Plans

3. Suggested Treatment of Individual Grants

3.1 **24/7 Telephone Support Line** – this is a strategically important service, providing access to trained psychologist 24/7. It is both well used and well regarded:

- In 2016/17 there were 17,973 calls made to the service
- On average 1,630 calls per month, over 3,000 hours of call time
- In the past 12 months 6577 men have called the helpline.
- An increase in 76% of male callers due to Release the Pressure campaign
- The number of women calling the helpline was 12,668 over the past year, an increase of 23%.

3.1.1 KCC Strategic Commissioning has worked with the provider over the last 12 months to ensure the service can support the Kent Care Crisis Concordat outcomes. The service has been extended to provide up to four follow up calls for those not admitted to hospital under Section 136 of the Mental Health Act. The numbers so far have been low, however, training has now been provided to all Approved Mental Health Practitioners with further training planned for the Section 136 suites and street triage staff.

3.1.2 The current provider is one of only a handful of organisations that have achieved the national helpline partnership accreditation standards. All staff are trained to a minimum of level three counseling. The provider also provides a single point of access, triage and signposting services for different commissioners including access to secondary mental health services throughout the UK.

3.1.3 When Live Well Kent was created it was agreed to initially keep the support line out of scope, now Live Well Kent is in its second year and performing well. The recommendation is that this grant is included in the Live Well Kent Contract as a Kent and Medway wide service, but is managed by Shaw Trust. To this end a service specification has been developed and approved by the KCC.

3.2 Service User Forums and the Mental Health Action Groups were not included in the development of the Live Well Kent Contract, as further work was required to gain a clearer picture of their role in order to decide whether they should remain an independent entity. Strategic Commissioning has been working with a range of stakeholders including people with live experience of mental health, to understand how to best ensure people with live experience of mental health issues can:

- Hold existing services to account for the performance and quality
- Ensure that new services are co-produced and are what people need and want, and
- That peer support is central to service design and delivery and that people can support each other

3.2.1 Although work has begun to understand how best to ensure people with live experience of mental health can influence and participate, there is still much to do. Over recent months we have been in dialogue with Healthwatch Kent regarding their role in supporting the development of Service User Forums and the Mental Health Action Groups.

3.2.2 The recommendation is that the current grants are transferred to the Healthwatch Kent Contract in order for the work to continue and for us to ensure the voice of people with live experience of mental health has maximum impact in improving services across the county.

3.3 Homelessness Support - the Council funds two specialist mental health homelessness services, designed to ensure the needs of people with mental health problems are identified and supported. A significant proportion of people

who are homeless experience mental health issues and is highlighted in the EqIA as a vulnerable group that require a specialist and targeted response.

3.3.1 Strategic Commissioning is beginning to redesign and recommission all homelessness services, therefore the recommendation is to transfer these grants into the Live Well Kent Contract initially and then incorporated alongside other forms of homelessness support in the new commissioning activity, the services are:

- **Catching Lives Rough Sleepers Grant** which provides specialists input from a community psychiatric nurse and a substance misuse worker on a part time basis. Their role is to identify mental health issues and support homeless people to access appropriate services.
- **Maidstone Homeless Care** provides drop in sessions, for homeless people they work with between 70 – 80 people per month. They currently provide a safe space and hot meals. In the future they plan to develop a similar model to Catching Lives, employing specialist workers to support their homeless population.

3.3.2 The recommendation is that these two grants will be added to the appropriate Live Well Kent Contract on an interim measure in order that they can be incorporated into the new commissioning process for all homelessness support.

3.4 Service User Expenses - the service user expenses grant is used to assist people using services and their carers to attend various meetings across the county. Live Well Kent will administer this fund going forward.

3.4.1 The recommendation is that this will be transferred to the Live Well Kent Contract.

3.5 Supported Accommodation - this scheme came into operation approximately seven years ago, when services were transformed from a residential NHS unit to supported accommodation in the Medway and Swale area. The NHS invested into a Horizon Service, this is a mental health supported accommodation model designed to support recovery. The scheme is supported by the Kent and Medway Partnership Trust (KMPT). The Swale Horizon service, is called Archer House and is based in Sittingbourne, Circle Support are both the landlord and support provider to the nine units of accommodation. The Council administrates the payment of the grant which is made by Swale CCG.

3.5.1 The recommendation is that this will transfer into the Live Well Kent Contract.

3.6 Debt Counselling - this historic grant provides specialist mental health debt advice, initially Tunbridge Wells Citizens Advice Bureau provided inpatient support to Pembury Hospital. When Pembury's mental health unit closed, the provision of service was transferred into the Tunbridge Wells Mental Health Resource Centre. Historically no monitoring data has been provided, despite schedule requirements. Shaw Trust has been asked to assess and review the service for inclusion in their network.

3.6.1 The recommendation is that this will transfer into the Live Well Kent Contract.

3.7 Live it Well Website - the current grant ended on the 30 September 2017. The support services and resources on the website have been transferred between the new Live Well Kent Website, Medway Council's and our own KCC websites respectively. Finances allocated to the Live It Well website will be transferred to the 24/7 Support Line, this includes Medway's financial contribution with agreement from Medway CCG and Council.

4 Financial Implications 2018/2019

4.1 The historic mental health grants discussed in this paper are funded by Kent County Council (Adult Social Care and Public Health), Medway Council (Adult Social Care and Public Health) and all eight of the Clinical Commissioning Groups across Kent and Medway. The table below shows the breakdown of this funding.

Funder	Amount
Kent's Clinical Commissioning Groups	£214,090
KCC Public Health	£44,615
KCC Adult Social Care	£366,647
Medway Council	£17,120
Total Value	£642,472

4.2 Medway Council approved an increase of £5,000 in funding at the Joint Commissioning Management Group on 7 September 2017, this included contribution from Medway Council, Medway CCG and Medway Public Health.

5 Legal Implications

5.1 There are Section 256 agreements in place with all of the seven Kent Clinical Commissioning Groups, these were drawn up when the Live Well Kent Contract was commissioned and cover all joint funding for Mental Health services.

5.2 A further Section 256 is required with Medway Council as the lead commissioner on behalf of Medway CCG; it is in draft and is awaiting formal sign off.

6 Equality Impact Assessment

6.1 The existing Live Well Kent EqIA has been reviewed in relation to the additional grants detailed above and has been deemed as still appropriate and relevant. Impact on individuals will be minimal as there is no difference in service provision; the only change is to the funding arrangements.

7 Options

7.1 Option 1: Do Nothing

All grants will end on 31 March 2018.

7.2 Option 2: Terminate all Grants

Letters have already been sent to providers instructing that grants will end on 31 March 2018 in line with the Council's Voluntary and Community Sector Policy. This is not a recommended option as these services form the basis of our universal and preventative services, ensuring the Council can meet its obligations under Care Act requirements.

7.3 Option 3: Implement the plans identified for each Grant

This is the preferred option. All Kent CCGs have completed Section 256 arrangements with KCC and a new Section 256 agreement will be in place with Medway Council taking the lead. The length of the Section 256 ties into the length of the current Live Well Kent Contract.

8. Recommendations

8.1 Recommendation: The Cabinet Member is asked to:

a) **INCORPORATE** the 24/7 Telephone Service, Homelessness Support Service, Service User Expenses, Supported Accommodation and Debt Counselling into the Live Well Kent Contract;

b) **DELEGATE** authority to the Corporate Director of Adult Social Care and Health, or other nominated officer, to undertake the actions necessary to implement the decision.

9. Background Documents

None

10. Lead Officer

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